**Inspired by Iceland – Staff training week for career and guidance counsellors**

**The University of Iceland Student Counselling and Career Centre** is proud to announce its staff training week for career and guidance counsellors from 8th to 12th of April 2013. The goal is to offer an ambitious and informational programme mirroring the mainstreams of career counselling and guidance in higher education in Iceland.

**The main focus** will be on the services available at the University of Iceland along with an introduction to counselling and student services in other universities in Iceland. Topics such as academic choice, study skills, personal development and career counselling will be introduced. Emphasis will be on sharing of experiences as well as group discussions. Along with the opportunity of professional enhancement, participants can experience the country´s unique nature and become inspired by the natural forces of Iceland.

**Why participate?** This is an ideal opportunity to meet colleagues from Scandinavia and Europe that work with students in higher education. You will explore different elements of career counselling and guidance. You will be able to broaden your knowledge and know more about provision of career counselling and guidance in various European countries. And last but not least you will enhance your own professional development.

**There is a participation fee of ISK** **30.000** for the staff training week. This fee covers refreshments and lunch. Please note that all participants are responsible for all other costs, such as flights, accomodations and dinners. There will be a limit of 12 participants for the staff training week and a minimum of 8.

Attached is a preliminary schedule, application for the staff training week along with practical information.

We hope to see you in Iceland and encourage an early registration. Please send in your registration by the **4th of February, 2013 to joninaka@hi.is.**

Best regards,

María Dóra Björnsdóttir, director

Jónína Kárdal, career and guidance counsellor

**Practical information**

Preliminary schedule

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| --- | --- |
| Day/ Time | Activity |
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| April 8th 9:30-16:00 | Introduction to programme and presentations of participants. |
| April 9th 9:00-16:00 | Introduction to University of Iceland Student Counselling and Career Centre . Guest lectures – to be announced |
| April 10thTime TBA | Visits to other higher education institutes in Iceland. Visit to Reykjavík University and the Iceland Academy of the Arts in Reykjavík. |
| April 11th9:00-16:00 | Group discussions: Academic choiceCareer counsellingChallenges in the workplaceQuality issues in career counselling and guidanceProfessional developmentGuest presentations – TBA.Evening social event: voluntary participation in dinner |
| April 12th9:00-12:00 | Last day – tying the experience together. What has been accomplished and learnt? |
|  |  |
|  |

**REGISTRATION**

First name: Last name:

E-mail: Telephone:

Position:

Address:

Street:

Zip code, City:

Country:

University/Organisation:

University website:

Please tell us why you would like to participate in the staff training week:

Special interests:

Any comments or special needs?

\*\* Please note that travel cost is covered by participants.

**Practical information**

**How to get to Iceland - Booking sites**
[The Dohop.com Flight Planner](http://www.dohop.com/) searches more than 660 airlines around the world for the best flights and connections.

[Icelandair](http://www.icelandair.com/) - [www.icelandair.com](http://www.icelandair.com) is a customer-oriented travel service company providing high-value products. Icelandair currently serves 28 gateways in the US and Europe, offering full range of services at affordable prices.

Participants are advised to book their flights as soon as possible.

**Transport from Keflavik airport**
The Fly bus service between Keflavík airport and hotels is coordinated with international flights departures and arrivals. Taxi service is also provided at the airport. Fly bus fare: Please see www. Flybus.is for information Taxi fare approx: ISK 12.000.

**Public transport**
Buses no. 6 and 11 stop near the University of Iceland and the National Library and go to the city center. The fare is ISK 350.- and you require exact change.

**Accommodation**
[A booking site for hotels in Reykjavik.](http://www.eurobookings.com/iceland-is/reservations-reykjavik-hotels.html?label=ggdieuen-bc-2651804_reykjavik%20hotel&gclid=CMj3rKm3zqkCFYiEDgodG0M2Ng) – www.eurobookings.com

**Please note**: Erasmus or Nordplus fundings for participating in this programme might be available through your home institution. Please contact your International co-ordinators for more information.

**Climate**
Thanks to the Gulf Stream, Iceland enjoys a cool temperate ocean climate: cool in summer and relatively mild in winter.  The weather, however, is unpredictable and guests should come prepared for the unexpected i.e. occasional showers or stiff winds. [Icelandic Met Office -weather forecast](http://en.vedur.is/)

**Clothing**
When travelling in Iceland a warm sweater and weatherproof coat or jacket can come in handy. Also bring your swimming suit for the outdoor swimming pools heated with geothermal water. Iceland is a wild country and good walking shoes and informal wear are a must.

[**Visit Reykjavik information website**](http://www.visitreykjavik.is/) **– www.visitreykjavik.is**

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